

Lifeguard training and water safety classes 2020

Redding Recreation is excited to be offering the following Red Cross training courses. To register for a class please visit our website at reddingrecreation.org beginning February 1st.

We offer two different types of lifeguarding classes, Traditional "lifeguard training" and "online training" Learning. Traditional lifeguarding is an instructor-led course, and the online Blended Learning offering includes both online and instructor-led training.

Online Training Lifeguard Review: Price \$155 (Must have current lifeguard cert)

***Must be registered by April 19th for #1, May 15th for #2, and May 22th for the last as there is online content**

	Dates:	Day:	Time:	Location:
Review 1:	April 25-26	Sat/Sun	8am-6pm	Redding Aquatic Center
Review 2:	May 23-24	Sat/Sun	8am-6pm	Redding Aquatic Center
Review 3:	May 30-31	Sat/Sun	8am-6pm	Redding Aquatic Center

Online Training Lifeguarding: Price \$195 (includes CPR/AED/F.A.)

***Must be registered by April 19th for #1, May 15th for #2, and May 22th for the last as there is online content**

	Dates:	Day:	Time:	Location:
Online Training 1:	April 25-26	Sat/Sun	8am-6pm	Redding Aquatic Center
Online Training 2:	May 23-24	Sat/Sun	8am-6pm	Redding Aquatic Center
Online Training 3:	May 30-31	Sat/Sun	8am-6pm	Redding Aquatic Center

All in person Lifeguard Training: Price \$200 (includes CPR/AED/F.A.)

	Dates:	Day:	Time:	Location:
Traditional 1:	May 2-3, 9-10	Sat/Sun	8am-6pm	Redding Aquatic Center

Lifeguard Instructor: Price: \$200 (*must have current Lifeguard Cert)

Dates:	Day:	Time:	Location:
April 18, 19, 25 Possibly 26th	Sat/Sun/Sat	8 am-6 pm	YMCA

Water Safety Instructor: Price: \$200

Dates:	Day:	Time:	Location:
April 25, 26, May 2, 3	Sat/Sun	8am-6pm	Redding Aquatic Center

Basic Water Rescue: Price: \$60

Dates:	Day:	Time:	Location:
May 9	Sat	8-12pm	Teen Center
May 16	Sat	8-12pm	Teen Center
May 23	Sat	8-12pm	Teen Center

CPR/AED/FA: Price: \$60

Dates:	Day:	Time:	Location:
May 9	Sat	1-5pm	Teen Center
May 16	Sat	1-5pm	Teen Center
May 23	Sat	1-5pm	Teen Center

If you have any questions, please contact:

Alissa Garcia

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City of Redding

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